



The Way of the Warrior

Discourse I

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What is The Way of Truth, and how did it travel as a Path of ancient science within other groups through the ages until it manifested today?

The Way of Truth has been presented to you at this time because of the nature of this planet's spiritual situation. There comes a time when we all must bond as a single community seeking the love of God to guide us through these times of change. The need for spiritual unity is so evident in the situations that plague the governments and societies that we live in, it is impossible to ignore the world crisis mankind is in. What The Way of Truth brings is an ancient methodology to tap into the help of the spiritual worlds that exist just outside of your perception of how God is present in your life. The Spirit of creation that has brought all these realities into being has always been available to aid humanity in the difficult times of change through this world's evolution. Now is one of the times that this process for understanding the laws that govern this universe and these teachings have been given through The Way of Truth. What you will find in these teachings is a way of understanding how the Spirit of life is transformed into an active part of your everyday experience. It will show you a new way of understanding love and how it works in all actions and tasks that we undertake. This has been true for many eons on this planet and, actually, throughout this universe. The earliest remnants of these teachings could be found in the teachings of Christ, as well as in the early wisdom of the eastern sages that Christ studied with. It was carried in the teachings of Aristotle and Plato, as they searched for ways to describe the true process of wisdom and understanding its purpose for the benefit of all concerned. These teachings can even be traced to early doctrines of the Catholic process but were lost when the efforts were made by the leaders to rule the world rather than to continue to carry the message of love that is the foundation of these teachings.

What brings the seeker to our Path at this point in its life?

As you are considering these teachings as a way of gaining more spiritual insight, remember that the heart will seek its comfort when it feels that it is closed. In this world's evolution, the time has come that a sense of great love between all its inhabitants may be the only thing that will save it from destruction. The Way of Truth will provide you with a path that will allow you to gain some understanding of this great love without having to leave behind any other beliefs that have brought you this far in your search for inner comfort. Truth is like a tree with many branches. Love branches out into the world the same way. Hold onto the heartfelt sentiments that secure you from those things that bring doubt and fear to the heart, as this world moves toward its seeming end. Please take the time to let your heart decide if it will benefit from what is being offered here.

What are the roles that Sri Michael and the Sehaji have in The Way of Truth?

Sri Michael Owens, the Living Sehaji Master, is the spiritual leader of The Way of Truth. It is his job to guide those who wish to understand the knowledge and comfort that is offered in these teachings. The Sehaji are the overseers of the wisdom that fuels the spiritual fire that warms the hearts and Souls of those who have chosen to walk with Sri

Michael toward a greater understanding of the power of love and the presence of a Loving Creator who wishes only the best for those who draw near to Its heart.

How does the Spiritual Teacher of The Way of Truth connect the student of the spiritual works with the Light and Sound of God?

The spiritual fire that is felt within the hearts of those who have stepped upon this path to understanding the highest wisdom of God is called by the name of "The Light and Sound." What Sri Michael and the teachings of The Way of Truth offer is a way to open your heart to the love that is felt from God, who is referred to as "Sugmad," and to understand how this love will show you a great understanding of the workings of this universe outside yourself. It also introduces you to a vast and wonderful world within which can connect you directly to the Creator and the infinite energy of love that is in Its heart. This is all done through gaining a sense of the Light and Sound in everything that you do and encounter in your daily life

What is the role of the Inner and Outer Master in the participant's unfoldment?

When Soul becomes awakened within the new participant of The Way of Truth, there are many things in this universe that become visible for the first time, as the veil of ignorance begins to lift. The true joy of living in love begins to shine in the heart of those that seek peace and rest from the turmoil of this world. When they first step away from the illusion, they gain a sense of the Inner Master who may come to them to soothe the confusion that may perplex the mind as to the exact meaning of that which they are experiencing. From this contact, those that have joined The Way of Truth are also guided by the Outer Master, that of Sri Michael Owens. In matters of allowing the heart to open to the presence of this Inner Master, Dan Rin, who speaks for the hierarchy of heaven in guiding Soul on its journey back to the heart of Sugmad, provides a roadmap for Soul to journey into the worlds beyond the physical realm called the God Worlds. Through the Outer vehicle of Sri Michael Owens, the participant has the opportunity to enjoy the grace and love of great magnitude that fills the Living Master's heart. It is his duty to guide these Souls to the understanding of God's love, which is taught through the discourses that are provided through him from the hierarchy of Sugmad. His Inner presence, Dan Rin, is charged with the protection of the newly awaken Soul, as it moves through the circles of wisdom and knowledge, as it steps into true God-Awareness. There are many avenues that Soul may travel and the guidance on both the Inner and Outer Master is of the utmost importance to have faith in and to understand.

What does the Living Sehaji Master mean, when he says, "I am always with you," to the participant?

When the Living Master tells the newly awaken consciousness that he will always be with him, this is the beginning of the lessons of faith for the participant to learn and practice. The mind will, of course, say to you, "how can the Living Master always be with all those that seek his comfort?" If you sit in quiet contemplation, the understanding will come to you through the heart, as you will begin to feel a presence of warmth and

comfort. And in this, you will have the first true experience of what the Master has given to you in these simple words. Do not get lost in the struggle of the mind to apply the physics of this material world to those matters that are of a spiritual and cosmic nature. Understanding will come through the heart at your quietest moments, when you step away from the knowingness of ego. Allow the acceptance of love from the Master, who is the embodiment of the Divine Love of the Creator, manifested to guide you on this journey.

Why The Way of Truth is called a mystery school, and how does it differ from other paths and religions?

The term "mystery school" is applied to this type of learning because it offers guidance into different levels of understanding through the process of initiations that will allow your inner life to unfold in a balanced way. If you follow the teachings that are offered in the discourses and learn to follow the inner guidance that you will come to hear and respect, you will rise through the initiation process to a place of openness and greater understanding of those things that have seemed so mysterious within this universe. You will learn to trust your own inner journeys, no matter how brief they have been or miraculous they appear to be. The true miracle is your changed consciousness. There is no strict doctrine to follow. All that you experience is considered important to your growth along this path, which will lead you to an understanding of how love is the most powerful process for healing this world.

What are the foundational principles of The Way of Truth?

The Way of Truth is a blending of all the hope that exists in the hearts of all those that inhabit this universe. It allows the hope within to join with the infinite love of Sugmad to bring rest to those who have carried the burden of fear and doubt for most of their lives. Regardless of what your beliefs are – past lives, reincarnations, the process of karma, or just that there has to be some meaning for all that we go through in this universe – The Way of Truth is prepared to offer guidance to your innermost self. This path will bring to you a greater understanding of the power of love to restore a peaceful balance in this world today.

What is contemplation and how is it practiced on a daily basis? How does contemplation relate to prayer?

Contemplation offers you the ability to go within and objectively examine those things that may confront your mind or feelings and help you move beyond them. Contemplation differs from prayer in that prayer is asking for help from a source of understanding; whereas, contemplation is an interactive approach to the source, that being God. Contemplation is usually enhanced with the use of a mantra or the HU, an ancient name for God that is called, "a love song to God," and with this, you will be directed through your heart as to what action would be necessary to move you through the daily process of living with the guidance of the Master.

Why contemplation facilitates a higher perception of life and survival on a daily basis.

As your involvement in The Way of Truth deepens, you will begin to understand that there is a hierarchy of Masters that offers a direct connection to the source of all knowledge. When they approach you during contemplation, these Masters will lend to you their wisdom once you have opened your heart to their guidance. The Living Master, Dan Rin, as Sri Michael, is known on the inner, provides direct contact to these higher planes of wisdom through his contact with you on the inner planes of existence – a place you may relate to as intuition at first. Through this process of reaching the answers, too many of the questions that you may have on a daily basis, about how to get through some of life's small twists and unexpected circumstances, are offered to you from this place of inner communication.

What is Soul Journey and how does contemplation relate to its practice?

When you are awakened to this inner life, you find a new identity of yourself that is called "Soul," and in this experience, you will find your true sense of being. Using Soul as a vehicle, you will find that you can journey to places outside the physical environment that we live in. In these places, there are many wonders to behold and with the help of the teachings from The Way of Truth. This path will provide for you a very special way of gaining more knowledge about the inner workings of the universe. Also, when you learn of the sacred heart and its abilities for communicating a subtler message of how to be in this world, the practice of Soul Journey will become a tool for gaining wisdom from higher sources of knowledge that cannot be accessed through any mental process. Contemplation is a vital step toward this experience because it is the first tool you will use to touch the fabric of these inner worlds that hold so much joy and understanding for you.

How do the discourses and the contemplative exercises refine and improve the quality of the participant's life?

To enjoy this new adventure that will take your consciousness to many new areas of awareness, not only in your day-to-day life but also of the inner self that you will come to know, it will be of great help to study the discourses that carry not only a written wisdom and knowledge but a specific charge of spiritual energy that will enter your heart. The discourses will begin to affect changes within this new inner self that is being awakened. Within the discourses, many contemplative exercises are given to practice, and these will continue to realign your inner bodies to those of the inner planes of existence, the Astral, Causal, Mental, and Etheric. When we are awakened, the self looks towards Soul. All this is slowly being unveiled, even to those that have carried the mental knowledge of the inner existence but not yet truly experienced them when charged with the Light and Sound. When this inner vibration re-tunes the self inside and the Light and Sound becomes more present in your exercises, the vibration from those inner places will begin to manifest in the outer world through the acts of the selflessness. These random acts of

kindness are infused into the harmonics of the lessons learned from the mantras and contemplative practices that bring you closer to the essences of the Living Master, who is always with you. This wisdom that is contained in the love that is channeled through the Living Master's heart to yours is that which shows up to you in the smallest way in your actions towards others in the day-to-day processes of living in the illusionary world of Maya.

What makes Soul Journey the most efficient means of Soul movement, rather than Astral projection or any other form of out-of-body travel?

If, in your life, you have had what others may call out-of-body experiences, these differ considerably to the practice of Soul Journeying. Astral projection or this type of out-of-body experience is limited to the areas directly adjacent to your physical reality, whereas, Soul Journey allows you the facility to travel much further than just the world that we perceive as real. Soul Journeying allows an interactive process with the wonders that you encounter, while traveling in this vehicle of Soul that you will discover in the studies of this mystery school called The Way of Truth.

How is The Way of Truth preparing the human race for major changes in world governments?

The foundation of The Way of Truth is to make manifest in our everyday lives the presence of God's love in the fullest capacity of our being. When this intensity of love is present here, it will be able to affect world governments. Many spiritual teachers have brought this enlightenment to the heart of their followers, and The Way of Truth, through the process of the Light and Sound. It is now focusing this immense storehouse of energy into balancing the forces that govern the process of being in the cosmos. It is through your hearts that this energy is spread to the mind and actions of all those around you, when you learn the ways of the open, sacred heart that is at the foundation of the teachings in The Way of Truth.

Why has The Way of Truth been designated as the Guardian of the Light and Sound essence in all walks of life?

When the Grand Council placed the teachings of The Way of Truth in the heart of Dan Rin and instructed him to bring this new way of the Light and Sound to those Souls that were prepared to be involved with a great mission to this Sugmad, it was not at first disclosed of the true essence of the outcome that was wished by this Sugmad to those that joined him. It has come to pass that with the focus of the selflessness found within the hearts of those that have chosen to participate in The Way of Truth, that with the training of the Spiritual Warrior, the duties to this Sugmad would include maintaining the purity of the new higher vibrational frequencies of the Light and Sound and keeping the wisdom of these teachings pure and ego-less. Placed as guardian of the Light and Sound, it was then disclosed that these new frequencies would be used to revitalize all ways of life and philosophies that chose to guide people towards manifesting the love of God within the worlds of illusion and duality. With this mission at hand, the floodgates of the God-

source were opened to allow this infinite love to flow into the foundations of all teachings that sought to realize the Oneness with the Creator, which is at the heart of all teachings that focuses their participant on the love of God. The Way of Truth was activated to bring balance back to all Souls that had lost their way in this world of chaos, confusion and lies, that had drained hope from many who at one time searched for this Divine Love. This connection is readily accessible through the teachings of The Way of Truth. Again and again, it is to be said to all who pass this way that these words, ideas and inner strengths are for all to partake. For this is truly the renaissance of understanding in this New Millennium. God's love is forever lasting in the hearts of those that give selflessly. To guard against any efforts to contaminate the essence of the love contained within this Light and Sound, the Spiritual Warriors of The Way of Truth have been taught the need to live within the heart of Sugmad to gain the wisdom and understanding that guides them to the areas of life in this karmic world. The God-seeker will gain the most from the purity of the love within the Light and Sound in its heart. It is of the highest order of this Sugmad to show all walks of life that God's love is theirs to share.

Why is the heart the conduit of the God-Power?

Once the power of the heart is experienced, it will open you to a new knowledge of God's love for you. In this love is embodied the God-substance that is at the root of the Light and Sound. The only way that this substance is felt within is when the heart opens to the sacredness of its duty to this love that is now filling your life on the inner and the outer. What is in this combined effort of beingness, is the God-Power that is available to Soul, as it grows in its awareness of its connection to the infinite center of Sugmad's heart of love and mercy. This is from where this ultimate power of grace does emanate. However, in its purest form it would upset the cosmic balance of the physical universe, so it must be transmuted to what is called the neutral power for uses here in the material realms of being. As you grow with the teachings of The Way of Truth, you will learn more of this and begin to understand its use. Continue to open your heart to the guidance of the Living Master on the inner and the outer, and this wisdom will come to you through the conduit of the heart, which is how Soul communicates to us here in this world of dualities.

How does the heart become the transmitter of the spiritual language between the Master and the participants?

The heart is tuned by the acts of love that we engage in, as we grow closer to understanding the manifestation of the Light and Sound in our lives. It is through the open sacred heart that the Master does speak and offer to us a joy that we must share with those that we encounter. It does not matter if they seem unaware of the love that you have been given in this opening of faith. For Soul to gain the greatest lessons from the many Masters that provide guidance along this path to God, it is through the heart that it is transmitted. The mind is incapable of grasping this wisdom that is greater than the sum total of all of life that has past through this world and many others. The true essence of this knowledge is love emanating from the heart, it has the capacity to receive and translate these energies into useable frequencies of knowledge. As the purity of this love

grows in magnitude, the heart itself begins to be transparent in the effort to afford our inner lives, the benefit of this pure communication with the divine wisdom that comes from the higher realms of being through the Masters.

Why do we need the participants to be Spiritual Warriors in these perilous times?

The term Spiritual Warrior has been given to the participant of The Way of Truth for the simple fact that there are powers of a negative nature that exist and would have this world cast into darkness forever. But what has been produced by the release of love that comes from the hearts of the Spiritual Warriors of The Way of Truth is a balance that is bringing this world closer to that of Sugmad's wishes for all of Its children. This wish of Sugmad is to live from love and understanding through the wisdom found in Soul's attainment of God-Consciousness.

How is the Spiritual Warrior protected by his love of Sugmad and commitment to the mission of the Grand Council and Living Sehaji Master?

As you take up this mighty sword of love and learn to wield its power in your everyday living, there may be encounters with some that do not aspire to the highest laws of God. You will be protected by the love that Sugmad has given to you, as you take up this mission of bringing that same love to the hearts of those who wait to be released from the misery and suffering that negative forces have brought to this world. This is what has been slated to bring the universe back into balance. For it is the cosmic law that there must be a balance of light and dark within the realms of duality so that Soul may travel and gain knowledge of Sugmad's purpose for the illusion. The Living Master of the Sehaji provides for those of The Way of Truth a direct connection to the wishes of the Grand Council of Masters that govern all these processes in the universe and give guidance and protection to all Souls that seek to once again be held in the heart of God.

Contemplation I

Here is a highly detailed exercise-technique to give the seeker a sense of Soul Journey and contemplation. Each exercise should be practiced for twenty to thirty minutes, for one month, to obtain the full benefit.

We have prepared for you a way of tapping into some of the areas that have been mentioned in this short discourse in hopes that you will take the time to reach for this new sense of being that will ultimately connect you to a source of endless love and compassion that you will learn to share with others.

To begin, let's take a look at the process of contemplation that will prepare you for your first experience into Soul Journeying, if Soul is to be the vehicle you must first have a sense of its expression within you.

You will be using the HU as a mantra to learn to focus your consciousness to hear the subtle message that Soul speaks through the heart.

First, be seated in a relaxed position with eyes closed. Then center your attention on the area between your eyebrows, sometimes referred to as the third eye.

Now say the word HU five times or more until you feel warmth around you or perhaps a focus of energy in that space between your eyebrows; this will be your first contact with what is called the Light and Sound or Spirit.

Try this a few times over several days and you will become more comfortable with the outcome.

What comes next in this practice is focusing this new energy into the heart, which is the true center of our being in Soul and is where you will center your contemplation; listen quietly to the heart for the first message from the inner worlds of being. Approach this exercise with no expectations but accept what does come to you, no matter how subtle it is, and remember, the heart speaks to Soul with a very soft yet strong voice.

Once you have become comfortable with these exercises and you feel a new awareness of your inner being, it is time to step toward journeying with this consciousness. You may ask, "Where do I go?", and the answer is wherever your inner guidance may take you. To help with this, you may call on the assistance of Dan Rin who will take you to the place best suited for your first step into this world of wonders.

The process for this is as follows:

After using the same focusing exercise and the HU, call the name "Dan Rin" five times, and then, let yourself be guided. Once again, no matter how subtle the experience, know within your innermost self that you have taken a step toward a much deeper understanding of God's grace and love in your life.

Contemplation II

This is another contemplative exercise that will give the participant a glimpse of Soul Journey.

Imagination

This is a word that must be understood if you, as a journeyer into the inner realms of being, want to gain the maximum benefit from this practice. For it is only through the imagination that you will have insights to the wonders that Soul will journey through, as it is opened to the realms beyond mental understanding. If you can learn to imagine everything, yet accept seeing nothing, this is a good beginning. As you see even this statement perplexing the mind, the ego will try to tell you to discount any efforts to gain the insight that will be gained from taking this step in this exercise. Tell the mind to take a backseat to Soul.

If we are going to take this journey, we must first recognize that which we are in movement to opening the doorway to Soul. With proper discipline obtained through the daily contemplative exercises, the mind, in its highest manifestation, becomes Self-Realized and begins to have a glimpse of the immortal beingness of Soul. It is this Soul that we wish to use to journey into the realms of God.

Using the imagination of the mind, see Soul as a vehicle; say a globe of transparent light that self is seated in. The controls for this vehicle are located in the heart and are only accessible through the complete release of the ego self, or to think of yourself as a part of this vehicle, you have just constructed in your imagination. (Let us call it mind without ego.)

This vehicle can take you anywhere you choose. Since we are in search of divine wisdom, let us search in the wisdom temples of the high Astral Plane. Now where do we get directions on how to get there? That's right; the inner guide is always with you. SEE the Living Master beside you and ask of him to take you to these places of wisdom.

Now you must release all that you know of as visual representations of things, places and ideas of language. Open your heart to what it feels and let's give SOUL its first true vision and understanding of the inner worlds. What you return with, will not make any sense to the mind, but the heart will know of the journey of Soul. Within the next few days, there will be an example of what was brought to this life on the outer. Just remember to comprehend with the heart.

HU in groups of threes, and pause for a brief period between each group. In essence, HU three times for a total of nine HUs.

With eyes closed, focus your attention on the solar plexus and your breathing, which should still be in the rhythm of the HUs.

See the vehicle of Soul forming, not in the mind but in the imagination.

Say the name Dan Rin, three times. The Master has joined you. Feel his presence in your heart.

Say these words;

I see only Light.

I hear with the heart.

I do accept this wisdom.

Repeat this mantra to power your vehicle; **Tuyēe Té Tuyēe Té**

(It does not matter if you phonetically do not say these words correctly.)

Travel as far as you desire.

As you return, say within silently, three times:

The wisdom is within my heart, now.

You are operating at a completely different vibratory level, and it will take two days in this temporal system of time for these things to manifest in your waking activities.

Blessed Be